



The **Independent** Physiotherapy Service (IPS) - Cardiff Gate

Address: Oaktree House, Oaktree Court, Cardiff Gate Business Park, Cardiff. CF23 8RS

Contact: 02920 547210

Website: www.theips.co.uk

Directions: Exit Junction 30 of the M4. At the roundabout take the exit sign posted 'Cardiff Gate Business Park' (not the retail park). Avoid the slip road for the services. Go straight over the next 2 roundabouts by taking the 2nd exit. Continue for 200 yards and take your next right after 'MHA Broomfield & Alexander'. Immediately turn left into the carpark, before 'ECO2' and between the bollards. We are the 2nd detached building on your right.

Parking & What To Do On Arrival: Please park in the car park, remain in your car and text **07895 907311** to announce your arrival. Please do not enter the main building unless asked to do so. This mobile number is **ONLY** used to announce your arrival. Please call our admin team on 02920547210 for any other enquiry.