



The **Independent** Physiotherapy Service (IPS) - Cardiff Gate

Address: Oaktree House, Oaktree Court, Cardiff Gate Business Park, Cardiff. CF23 8RS

Contact: 02920 547210

Website: www.theips.co.uk

Directions: Exit Junction 30 of the M4. At the roundabout take the exit sign posted 'Cardiff Gate Business Park' (not the retail park). Avoid the slip road for the services. Go straight over the next 2 roundabouts by taking the 2nd exit. Continue for 200 yards and take your next right after 'MHA Broomfield & Alexander'. Immediately turn left into the car park, before 'ECO2' and between the bollards. We are the 2nd detached building on your right.

Parking & What To Do On Arrival: Please park in a space marked "iGP" in the car park outside the building. Go to the main door and use the intercom system to access the building. The main reception is on the ground floor, and the receptionist will direct you to the physiotherapy clinic on the 1st floor.